

# Wild Outdoor Women Campout

We're so excited you've decided to join us for this year's WOW campout! Enclosed you will find all the details you need to prepare for your overnight adventure, including the schedule of activities we will be offering. Whether you prefer to relax or partake in more adventurous activities, we're sure you'll enjoy this weekend away!

## LOCATION: Camp CHOF – 1820 Deerfield Ave. N, Dalton, OH 44618

This is a private campground. There are rustic cabins with bunkbeds to sleep on. You will need to bring your own bedroll and toiletries. If you prefer to sleep outside you are welcome to bring your own tent.

## FOOD: BYOF (Bring Your Own Food)

We will provide the Saturday evening campfire snack, but all other food will be the responsibility of each participant. You're encouraged to bring your own cooking supplies, but we will be providing some hot dog sticks, pie irons, and campfire grates for participant use.

Breakfast Ideas	Lunch/Dinner Ideas
Cereal Bars	Hot Dogs
Eggs or Pancake Mix Cooked in Pie Irons	Pizza in Pie Irons
Fruit	Peanut Butter & Jelly
Instant Oatmeal	Meat & Veggies Cooked in Foil Packet
Snack Ideas	Corn on the Cob or Baked Potato in Foil Packet
Granola Bars	Deli Meat & Cheese either Cold or Hot In Pie Iron
Fruit	Dutch Oven Recipes
Trail Bologna	
Trail Mix/Nuts	

***\*\*Always remember to keep all food in coolers either inside your cabin or tent\*\****

## SUPPLIES/EQUIPMENT:

Below is a suggested packing list to help make your weekend more enjoyable. Depending on the activities you plan to participate in, your needs may vary.

General Supplies	
Yoga Mat	Flashlight/Headlamp
Sleeping Bag/Blanket/Pillow	Layering Clothes For Weather Changes
Lawn Chair(s)	Extra Socks
Refillable Water Bottle	Rain Gear
Sunscreen	Backpack
Bug Spray	Toiletries
Binoculars	Towel/Washcloth
Camera	Beach Towel
Notebook/Pen	Hiking Boots/Sturdy Shoes

Keep this page for your records.